

# Strengthening Families 7-17

## Family/Parent Education Program

The Strengthening Families Program (SFP) is a family skills training program for high-risk and general population families. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth, followed by a joint family practice session.

**Monday/Tuesday 5:30-7:00 p.m. October 18th - January 10, 2022**

No class the weeks of Thanksgiving or Christmas.

Monday 5:30-6:00 Family (Parents and Youth); 6:00 - 7:00 **Adults only.**

Thursday 5:30-6:15 pm **Youth only**, 6:15-7:00 p.m. Family (Parents and Youth).

## [CLICK HERE TO REGISTER](#)

One of the following is **REQUIRED** to attend for the Zoom & Canvas apps:  
**Smart phone, tablet, computer.**

**Earn up to \$75 attending parent education classes!**

### INCENTIVE PROGRAM

1ST TO LOG IN = \$5 (X 12 SESSIONS) (UP TO \$60)

ATTEND 2 FULL SESSIONS (+ASSIGNMENTS)=\$5 (UP TO \$30)

100% ATTENDANCE FOR THE ENTIRE CLASS = \$20

WINNING RAFFLE = \$5 (2 PER SESSION X 12) (UP TO \$60)

*Total Money Earned will be applied to the gift card of your choice. Gift cards will be mailed out with your Certificates within 72 hours of the completion of all class requirements.*

PLUS; Every individual that completes one of our parenting series can take one of the [Learning 2 Live classes](#) absolutely FREE. (The Learning 2 Live classes were designed for adult survivors of severe childhood trauma (HIGH ACE scores).

**Heidi Bryson, MAHS, QMHA, FLE, PWS, TIC**  
**Parent Educator, Life Skills Coach**

**Learning 2 Live**

**971-261-9147**

[Learning2LiveFounder@gmail.com](mailto:Learning2LiveFounder@gmail.com)

